

“Calmer Lives helped us to reconnect with our children and enabled us to further support each of them individually.”

Hunt family



**Exclusive
members rate
@ £40 / hour**

**A unique therapeutic service supporting neurodiverse individuals
and families to live calmer, connected, happier lives**

We can Support



online



parents &
carers 1:1



young person
1:1



families
1:1



neurodivergent
adults 1:1



professionals



in person

www.calmerlives.co.uk

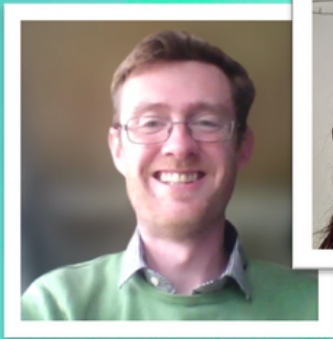
 [@calmerlives](https://www.facebook.com/calmerlives)

01392 360645—ext 3

Calmer Lives is a service of



CREATING OPPORTUNITIES
WITH DISABLED PEOPLE



Hello, we are your therapeutic mentors, **Howard & Jennifer**, with a combined 30+ years experience supporting neurodivergent people of all ages and their families.

You may have any number of challenges right now. We are ready to listen and then help guide an organic and unique pathway to improving your situation.

Are you struggling to understand **Autism, PDA, ADHD?**

Are you seeking a way to reduce distressing, unsafe behaviour?

Are you struggling to attend school or work daily?

Are you trying to navigate the minefield of SEND?

Are you unsure how to communicate with your child?

Together we can support you

**Exclusive
members rate
@ £40 / hour**

Already accessing CEDA services? Fantastic! We can offer a **discount** of £15 per hour to any CEDA members for our additional support

“Working from home, I find that the online sessions worked best for me since I can simply block a suitable time-slot out of my day and be in therapy without leaving my office.”

Calvert family